

# Hands Up

## Intermediate Line Dance

Music: "Hands Up" by Out of Office 2008

Choreo: Jeff Driggs, P. O. Box 1352, St. Albans, WV 25177 (304)776-9571 [www.doubletoe.com](http://www.doubletoe.com)

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Wait 16

### Step Descriptions

#### PART A (Intro)

L	S		H	S	S		H	S
R	DT(B)		R	S	DT(B)		R	S
	1 &a		2 &	3 4	5 &a		6 &	7 8

L	S		H		DT(B)		T(B)	T(B)	S		H	S
R	DT(B)		T(B)	T(B)	S		H		DT(B)		R	S
	1 a&		a 2	&	3 a&		a 4	&	5 &a		6 &	7 8

#### PART B (Chorus)

Description of hand move on beats 1 & 2: Standing with feet spread and both hands down and to right of body, left hand goes straight up on beat one then down to left on &... right hand goes up on & (as left goes down) and right hand goes down on 2

L Hand:	Up	Dwn		R	R	DS	S	
R Hand:	Up	Dwn	CHUG	S	S	S	R	
	1 &	2	3	4 &	5 &	6 &	7 &	8

L				R	DS	R	R		
R	DT	TCH(XIF)	TCH(XIF)	DS	S	DS	S	S	
	&a 1		2	&3 &	4	&5 &	6 &	7 &	8

Repeat Hands Up, Chug Chain, Touches, Fancy Double to face front

#### PART C (Verse)

L	DS		DS		DS		DS	BO	BO	(OTS)
R	SLUR	S(XIB)	SLUR	S(XIB)	DS(XIF)		BO	BO	(OTS)	
	&1 &	2	&3 &	4	&5 &	6	&7 &	8		

L	SPIN ON BALLS OF FEET ½ LEFT	DS	S	DS	R				
R	SPIN ON BALLS OF FEET ½ LEFT	S	R	DS	DS	S			
	1		2	&3 &	4	&5 &	6 &	7 &	8

Repeat 2 Slurs, Triple Split, Spin N Basic and Triple to face front

#### PART D (Build)

L	S	S	S	UP	S	S	S	STOMP	
R	S	UP	S	S	S	UP	S	STOMP	
	&1 &	&2 &	3 4		&	5 &	6 &	7 &	8

Description of hand move on beats 1 2 3 & 4: Standing with feet spread and both hands down left, right then circle around to the left

L Hands:	L R circle to L		DS	R		
R Hands:	L R circle to L	STOMP	DS	S		
	1 2 3 &	4	5	&6 &	7 &	8

Repeat Pony, Break It Down, and Stomp Double Turn to face front

(Continued on next page)

Wait 16

### Cuers Notes

#### PART A (Intro)

##### Soccer Synch, Soccer Synch

Turn ¼ left on each

##### Toe-Toe, Soccer Synch

Turn ½ left to front

#### PART B (Chorus)

##### Hands Up, Chug Chain

Turn ¾ right on CHUG... SRSRS

##### Touches, Fancy Double

Turn ¼ left on Fancy Double to back

Repeat to face front

#### PART C (Verse)

##### 2 Slurs, Triple Split

Moving left

##### Spin 'n a Basic, Triple

Spin to face back

Repeat to face front

#### PART D (Build)

##### Pony

Moving forward.... A lot

##### Break It Down, Stomp Double

turn ½ right on Stomp Double

Repeat to face front

(Continued on next page...)

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REPEAT PART B (Chorus)

REPEAT PART A (Intro)

REPEAT PART C (Verse)

PART D (Build)

REPEAT PART B (Chorus)

BREAK

L	KICK	S		KICK	S		SL	SL	SL	SL		
R		KICK	S		KICK	S	SL	SL	SL	SL		
	&	1	&	2	&	3	&	4	5	6	7	8

**Repeat 3 more times to face all four walls to face four walls**

If you want... on the last one only slide 3 times and when whip sounds crack whip or touch booty lol etc

REPEAT PART A (Intro)

REPEAT PART B (Chorus)

REPEAT PART B (Chorus)

PART B (Chorus)

**Hands Up, Chug Chain Touches, Fancy Double Hands Up, Chug Chain Touches, Fancy Double**

REPEAT PART A

**Soccer Synch, Soccer Synch Toe-Toe, Soccer Synch**

PART C (Verse)

**2 Slurs, Triple Split Spin 'n a Basic, Triple 2 Slurs, Triple Split Spin 'n a Basic, Triple**

PART D (Build)

**Pony Break It Down, Stomp Double Pony Break It Down, Stomp Double**

PART B (Chorus)

**Hands Up, Chug Chain Touches, Fancy Double Hands Up, Chug Chain Touches, Fancy Double**

BREAK

**Kick Steps, Crazy Slide**

*Moving forward on kicks, on Slides hands up ¾ left like "500 miles"*

**Repeat to face four walls**

REPEAT PART A

**Soccer Synch, Soccer Synch Toe-Toe, Soccer Synch**

PART B (Chorus)

**Hands Up, Chug Chain Touches, Fancy Double Hands Up, Chug Chain Touches, Fancy Double**

PART B (Chorus)

**Hands Up, Chug Chain Touches, Fancy Double Hands Up, Chug Chain Touches, Fancy Double**